

Susan Henley

Susan Henley is a native North Carolinian who, after growing up in Raleigh, took off for adventure and a degree in social work at the University of Montana. She came back to East Carolina University for a masters in social work.

For the past 15 years, Susan has been practicing Parent-Child Interaction Therapy, an evidence-based approach to teach specific skills and shape behavior in children with histories of trauma.

Susan has been an engaged and committed WIN member since 2013 and is the Circle Lead for Health & Wellness, WIN's 2023 area of giving. Her work dovetails both with the subject matter and also with a focus on Adverse Childhood Experiences (ACEs), which WIN explored in its last round of Health & Wellness giving. "ACEs are the primary determinant of the health and social well-being of our community," says Susan.

When Susan isn't working or devoting time to WIN, she is busy with family, friends and a young and energetic 65 pound goldendoodle, a regular at obedience school! Susan has a passion to create and loves to build whimsical wooden birdhouses and "spirit houses" for departed pets. She sells them at Uptown Market but also works on commissioned pieces for friends. Her "she shed," where her creativity happens, is her second happy place.